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OFFICE OF FAITH-BASED AND COMMUNITY INITIATIVES

Friday Night Facts

February 5, 2010
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Armies of Compassion Chapter: #5 Edna Martin Christian Center



The Edna Martin Christian Center (EMCC) serves low income families that reside in the Martindale/Brightwood neighborhood and surrounding communities of near north east side of Indianapolis. EMCC services include , rent and utility assistance, food pantry, senior programming, after school and summer programs for youth as well as family self-sufficiency programs called (STEPS)

According to the executive director the demand for last year increased from 1,697 in 2008 to 2,354 through November 30, 2009. With regard to youth programming, EMCC has grown each program exponentially. Summer programming grew from 75 students in 2008 to 115 in 2009, prompting the center to create a satellite site as they exceeded building capacity. The after-school programming has more than doubled, and is ADA consistent. In 2008, the center averaged 45 students in grades K-8 on a regular basis. As of December 2, 2009, the center serves 92 youth in 13 schools during after school programming with an average daily attendance of 78 students in grades K-8.

Inside this issue:

GWIN Story	1-2
Haiti Updates	2
News You Can Use	3-6
Statewide Events	7-11

In response to this increase the center has partnered with a number of agencies to provide coordinated, targeted programs that are designed to increase skill sets and make students competitive. These programs include but are not limited to , Supplemental Education Services (after school tutoring), art and performing arts, applied science and botanical science. Importantly, EMCC has solidified relationships with schools and partnering agencies to share and provide concrete data to better determine program effectiveness.

In terms of social service supports, the Center has increased funding, programming and capacity to provide both emergency assistance and a means for families to become self sufficient. Specifically; EMCC created the STEPS program this year to help TANF eligible families by providing training, access to job seeker services and personal and professional development.

To accommodate increased demand among our families, the center has aggressively sought to secure needed space to accommodate increased demand. We fully anticipate

acquisition of new facilities in early 2010. The added space not only enables EMCC the ability to serve more students comfortably, we can expand our overall family scope as we can further attract families in need. Moreover, the center has engaged in an exhaustive strategic planning and development process that has resulted in the securing of highly qualified staff to better address client needs, and clearly defined outcomes for service delivery.

Now here's one story from this army of compassion:

Stacy Miller and Brandy McNairy (two single mothers, two daughters between them, with Brandy expecting). EMCC began working with these two moms over the summer for Strategies To Empower and Promote Success (STEPS) programming. As a result of their entry and adherence to program requirements, EMCC provided the two full summer program scholarships for their children, in addition to utility assistance while they completed the more intensive aspects of their training.

That relationship continues today as the two are training and assisting with the intention of joining the Center's food service staff for all programming; including after school, in which their kids continue to participate. Ironically, each are parents of children that attend schools that EMCC has solidified significant partnerships. At EMCC the moms are encouraged, and in fact assisted in taking on greater parent roles in their schools, while adding an important parental element to our youth programming.

Haiti Earthquake Response 2010 - From our partners in the field

www.volunteermedics.org

Many people from around the country and the world have done many great things to aid and assist the Haitian survivors and we are pleased to be able to have done what we are able to do. We are not the biggest or the best but we join with other organizations and teams to make the most of our efforts. At two of our collections points we have more good loads of materials that can go a long way to those who suffer.

Thanks to all who have done anything and let's pray that we are not next here in the USA. These are the most horrid of all disasters as they strike without warning and the aftermath is in many ways proves more severe to those who survive than the initial event. Most of us are just scraping by ourselves but we could not ignore what we know has happened!

" I know that I can not do everything therefore I must not refuse to do what I know that I am able to do "

Volunteer Medics Worldwide

For the network...

The region's worst earthquake in more than 200 years struck Haiti on the afternoon of Jan. 12. Fatality estimates now may reach more than 200,000, with untold numbers critically injured. The quake left this already poverty-stricken country without electricity or phone service, with little food and water, and with its tenuous infrastructure reeling.

William Rutherford, MD, an assistant professor of Clinical Emergency Medicine, who is medical director of the Emergency Department at IU Hospital, is in Haiti. Rutherford has been doing work in Haiti for about 20 years through Lifeline Christian Missions. His wife, Linda Rutherford, serves alongside him, assisting with crowd control and preparing surgical instruments.

He began sharing his experience with friends and colleagues via e-mail. You can follow his postings on a blog site called "Messages from Haiti" by clicking here:

News You Can Use

Please join us!

What: Learn About Funding and Resources to Help Your Organization
Feed Hungry Children This Summer

Target Audience: Corporation for National and Community Service
Grantee Organizations, State Commissions, Sub-Grantees and Service Sites, CNCS Staff,
VISTA Sponsors, Educational Institutions and Interested Non-Profit and
Faith-Based Organizations

Date: Wednesday, February 10, 2010

Time: 11:00am-12:00pm EST

Registration Link: <http://vovici.com/wsb.dll/s/17fb9g426e9>

Description: Each summer, 18 million students are at risk of going hungry when the school year ends and school lunches are no longer available. For many children, school meals are the only complete and nutritious meals they eat, and in the summer they go without. This summer, the need will likely increase. The Summer Food Service Program (SFSP) can help to fill the summer meal gap for low-income children. Faith-based, community and private non-profit organizations can make a difference in the lives of hungry children by serving meals with SFSP, a federally funded program administered by states that reimburses organizations for meals served to children during the summer. Schools, churches, recreation centers, playgrounds, parks and camps can serve meals in neighborhoods with high percentages of low-income families. These venues are safe and familiar locations where children naturally congregate during the summer. There are two ways to get involved with SFSP. Your organization may become a SFSP site where meals are served, or a SFSP sponsor that both serves meals and keeps track of the accounting and paperwork. Sponsors are reimbursed for all meals served that meet USDA's nutrition standards.

Join us to learn more and hear the benefits to being a part of the Summer Food Service Program!

Already working with SFSP?: We want to hear from you! If you are already participating as a sponsor or a site, and would be willing to share your story on a live webinar or a webcast recording, please contact Emily Buckham Buday, USDA FNS Outreach Strategist, at Emily.buckham@fns.usda.gov.

Participation: This session will be available via Microsoft Office LiveMeeting (Webinar) and is **free** for all participants. You will need access to a phone line and a computer with internet access for this webinar. To participate, please complete the online registration. Further information will be forthcoming to registered participants. You must register to receive additional information.

Other Webinar Sessions: If you are interested but unable to attend this session, please note there are three sessions being conducted for the general public that anyone is welcome to attend. Please go to the online registration site to register for one of these sessions. These sessions will also be recorded and available at a future date for on-demand viewing from the USDA FNS website.

Additional SFSP Information: Additional information on the Summer Food Service Program can be found on the USDA Food and Nutrition Service
Website: <http://www.fns.usda.gov/cnd/summer/>

If you have any questions, please contact: Emily Buckham Buday Outreach Strategist
Emily.buckham@fns.usda.gov 703-605-0772



FOR IMMEDIATE RELEASE:

Friday, January 29, 2010

Media Contact:

Mark Hayes

mark_hayes@lugar.senate.gov

Lugar, Bennett Seek Expansion of Summer Feeding Program

U.S. Sen. Dick Lugar and Superintendent of Public Instruction Tony Bennett are asking for organizations to sponsor the Summer Food Service Program (SFSP) in the 25 Indiana Counties where it currently does not operate. The SFSP feeds low-income children in the summer months when school is not in session.

"Hunger does not stop simply because the school year ends. The need to feed youth in the summer is a nationwide problem and it is clear we have a proven method. Additional sponsors are needed to increase the availability of nutritious meals to underprivileged children in Indiana this summer," Lugar said. "I encourage potential sponsors to attend the Indiana Department of Education training workshops."

With the help of its more than 200 sponsors last year, the SFSP provided on average 55,000 free meals and snacks each day to low-income children 18 and under in Indiana. "I encourage all Hoosier organizations that are able to get involved in the Summer Food Program," Bennett said. "By serving as a sponsor for this program, you are giving a student a nutritional meal during those summer months that will allow them to return to school ready to devote their full concentration on learning."

The Indiana Department of Education will host training workshops for sponsors around the state. For additional information or to attend a workshop, please contact Julie Sutton or Tina Skinner at the Indiana Department of Education at (800) 537-1142 or jsutton@doe.in.gov / tskinner@doe.in.gov.

In 1999, Lugar authored the SFSP pilot program ("Lugar Pilots") to simplify the reimbursement process for community centers wanting to supply children with government funded lunches. Indiana was one of the original 13 eligible states for this program. During consideration of the Child Nutrition Reauthorization Bill that passed in November 2003, Lugar worked to expand this program to an additional six states. The Fiscal Year 2006 appropriations bill added 7 more states to the program. The FY 2008 omnibus appropriations bill included Lugar's legislation to expand this program nationwide and sponsors in all states will be reimbursed for meals served under the Summer Food Service Program using the simplified reimbursement process.

The SFSP is a federally-funded program operated through the U.S State Department of Agriculture and administered by the states, which reimburse organizations for providing nutritious meals to eligible children during the summer. Sponsors include schools, summer camps, community centers, and other organizations that focus on the well-being of children and families. For more information on the SFSP, go to: www.doe.in.gov/food/summer/welcome.html.

INNOVATIONS IN LOCAL PUBLIC FINANCE WORKSHOP Ball State Indianapolis Center – February 25th

This workshop helps unravel the mystery of the tax structure changes and will provide tips on understanding this changing landscape of Indiana public finance. During this half-day workshop, learn how Indiana municipalities are financed and discover alternatives to property taxes.

For more information or to register:

<http://cms.bsu.edu/about/administrativeoffices/bbc/training/localfinancewrkshop.aspx>

You will learn how:

- * Indiana communities are funded and sustained
- * Local Option Income Taxes (LOITS) work
- * To determine ways to increase revenues and/or decrease the cost of providing services

Location: Ball State University

Date: Thurs, Feb. 25th, 9am to Noon

Cost: \$45

To Register: Please fill out our online registration form

<http://eventpayment.bsu.edu/profile/form/index.cfm?PKformID=0x927361fc>

Please contact Sarah Yeager syeager@bsu.edu or call (765) 285-2773 for more information.

SOCIETY FOR HUMAN RESOURCES MANAGEMENT (SHRM) Ball State University Muncie, IN – March 6, 20, April 3, 17

Ball State University's Building Better Communities and the Society for Human Resources Management (SHRM) is offering professional development in human resource management.

The SHRM Learning System Course provides participants with an overview of key areas in human resource management, and human resource professionals will be able to earn credits toward PHR/SPHR recertification or university credit.

The program is divided into six modules:

- preparing for HR certification institute exam
- workforce planning and key legislation employment
- human resource development
- total rewards
- employee and labor relations
- risk management

In addition, participants will receive SHRM Learning System Course workbooks, PowerPoint slides, flashcards and access to the SHRM Learning System Web site.

Select the option that fits your needs:

1) Completely Online

Cost: \$995

Location: Self-paced available anytime

2) Combination In-class Instruction

Date: March 6, 2010

Date: March 20, 2010

Date: April 3, 2010

Date: April 17, 2010

Cost: \$1,195

Location: Muncie, IN

Cost: \$1,195 Please contact Krista Flynn at (765) 285-5679 for more information. You may also see us on the www.bsu.edu/bbc/SHRM

News You Can Use

GREEN AMBASSADOR CERTIFICATE PROGRAM Ball State Indianapolis Center – March 25th

A one-day program designed to help you, your business, and/or your community becomes leaders in sustainability.

Ball State professors and local experts will present the following topics:

- * Sustainability 101
- * Sustainable Reporting
- * Renewable Energy
- * Local Foods
- * Lifestyle
- * Outdoors

Location: Ball State Indianapolis

Date: March 25th 9 am – 5 pm

Cost: \$150, Indiana-grown lunch included.

To register online go to:

<http://www.bsu.edu/indianapoliscenter> or call (317) 822-6167



The Indiana Department of Education/Learn and Serve Indiana Program is accepting applications to engage students in academic service-learning. Service-learning is a teaching strategy that combines service to the community with classroom curriculum that supports students in "learning by doing."

An Intent to Apply is due electronically to Andrew Conway (aconway@doe.in.gov) by March 12, 2010. For more details, visit the Learn and Serve Indiana website at:

<http://www.doe.in.gov/servicelearning/>



FREE HELP: Low-Income Kids and Cash for College

Free help in filling out the **FAFSA document** - which is required to receive **state, federal and private college financial aid** - will be offered at regional sites across Indiana.

"College Goal Sunday" will be held **February 21, 2010, at 2p.**

Financial aid officers from dozens of Indiana colleges and universities will be available at **37 sites across the Hoosier State**, providing free assistance in filling out the FAFSA document.

Parents and students should bring the **same documents and information** used to complete their **federal tax return**. The completed FAFSA will then be submitted on-line, and families will start **receiving specific financial aid offers within two weeks**.

Find a "College Goal Sunday" site near you: <http://www.collegegoalsunday.org>

Free info on how to find money for college: <http://www.triptocollege.org>

LUPUS FOUNDATION OF AMERICA, CENTRAL INDIANA UPDATE

Lupus Support Group Meetings and Educational Opportunities	
Date/Time	Event and Location
January 19 February 16 Tuesday 6:00—7:30 pm	<p>Central Indiana Support Group Meeting American Red Cross of Greater Indianapolis—Classroom B 441 E. 10th Street—Indianapolis, IN 46202 Facilitator: Leigh Hinkle, 317-506-5786 or leigh@lupusindiana.org Both patients and caregivers are invited to attend.</p>
January 27 Wednesday 6:30 p.m.	<p>Walk for Lupus Now of Central Indiana 2010 Walk Committee Kick-off American Red Cross of Greater Indianapolis—Classroom B 441 E. 10th Street—Indianapolis, IN 46202 Learn what role you can play in the 2010 Walk for Lupus Now event. All individuals interested in participating in the Walk committee should attend this meeting and also complete a committee application. For more information on committee roles, to receive an application and to RSVP, please contact Leigh Hinkle at 317-506-5786 or leigh@lupusindiana.org.</p>
February 9 Tuesday 6:00 p.m.	<p>Healthy Lessons: A Healthier Better You in 2010 American Red Cross of Greater Indianapolis—Classroom B 441 E. 10th Street—Indianapolis, IN 46202 Enjoy for a FREE interactive presentation about exercising and eating right. No matter what your age, there is always something new to learn! A fitness instructor will be on hand to teach exercises that can be done at home and enjoy a cooking demonstration that reveals healthy and satisfying foods. A pre-dinner snack prepared by a licensed dietician will also be provided. Please RSVP by February 1 to Leigh Hinkle, leigh@lupusindiana.org or 317-506-5786. Open to all lupus patients and family members.</p>
February 18— March 25 Every Thursday 6:00 pm	<p>Living a Healthy Life with Chronic Conditions Community East Hospital – 1500 North Ritter Ave., Indianapolis This 6 week, 2 1/2 hour class will provide the support you need, help you find practical ways to manage extreme pain and fatigue, discover better nutrition and exercise choices, understand new treatment options, and learn more effective ways to communicate with your doctors and family about your health. The cost is \$10 TOTAL for the entire 6 week class. Not sure you can attend all 6 classes? We encourage you to still sign-up and come to the first class. SPACE IS LIMITED and open to both patients and their caregivers. To register for this class and for more information, please call 888-777-7775 or visit www.community.com.touchpoint.</p>
<div> <div> <p>2010 Walk for Lupus Now Saturday, October 9 Location TBD www.walkforlupusnowci.kintera.org</p> </div> <div> <p>Our Mission: The Lupus Foundation of America (LFA), Indiana Chapter is dedicated to finding the causes of and cure for lupus and providing support, services and hope to all people affected by lupus.</p> </div> </div>	
<div> <p>Save the Date Band Together for Lupus Luncheon & Indiana Ice Hockey Game Keynote Speaker: LFA President & CEO Sandra Raymond Sunday, February 28 Conseco Fieldhouse 11:00 am LFA Benefit Lunch and Raffle 3:05 Game Start For more details, visit www.icegame.kintera.org or contact Leigh Hinkle.</p> <p>Living Well with Lupus Symposium Saturday, May 1, 2010 8:30 am—1:00 pm Indianapolis Marriott East 7202 East 21st Street, Indianapolis, IN 46219 317-352-1231 *for out of town guests, a limited number of rooms are being held under the Lupus Foundation of America for \$109 a night.</p> </div>	



PO Box 2763 Portage, IN 46368-3634 ♦ 317-506-5786 or 800-948-8806
leigh@lupusindiana.org ♦ www.lupusindiana.org



Feed the Children/Samaritan's Feet Online Registration Sign-Up Instructions

To register to volunteer for Feed the Children/Samaritan's Feet, please go to the following website and follow these instructions:

- Visit the NCAA Men's Final Four Championships volunteer registration site at <https://2010ncaamff.theregistrationsystem.com/en/registration/index/599>
- On the right side of the Volunteers home page, click on "Register Now"!
- Type in your email address and sign in as a New User. (This is the e-mail address we will use to correspond with you throughout the event and is also where your schedule confirmation will be sent once you've completed your registration.) Then click on "Access Restricted".
- Next you'll be prompted to tell us about yourself on the personal profile page. This is also where you will create your password. (Please note that if you should need to review/update your schedule after you complete your registration, you will use your e-mail address and password as a Returning User on the Website above.) After you have created a password, you will see a box for "Access Code", in that box type **children** (all in lowercase letters). Complete the rest of your profile and then click "Register".
- The "Release and Waiver of Liability" will then be presented, please review and then click on "I Accept these Terms and Conditions".
- Following that, you'll be able to view the Volunteer Registration page. Please note that you **MUST** select at least three volunteer shifts and one of the Required Volunteer Orientation sessions. ***Feed the Children/Samaritan's Feet and General Volunteer Activities are combined as a convenience for those who wish to sign up for General Volunteer positions as well.*** Next, click on "Sign up for the selected items".
- Your Itinerary/Schedule will now appear, click on "Complete Registration". Once you've completed this, you'll have another opportunity to confirm the schedule is correct before the system goes to the Final Itinerary page. You may print the Final Itinerary page for your records.
- An e-mail confirmation will also be sent to your e-mail address on record.

If you have any questions, please contact Sheila Bradley at (317) 237-5023 or via email at sheila.bradley@indianasportscorp.com



**Help benefit the Lupus Foundation of America, Indiana Chapter at the Indiana Ice's annual "Key Bank Pack the House for Charity" event on Sunday, February 28 at Conseco Fieldhouse. The game starts at 3:00 pm
Tickets are just \$9 or \$15.**

For every ticket you purchase, \$5 will go back to the LFA, Indiana Chapter to fund our Living Well with Lupus Symposia and other statewide outreach and educational programs. In addition, the LFA can qualify for grant money from the Ice's BigFoot Foundation based on selling different levels of tickets. So join us, bring your family and friends, and enjoy a night of family fun while you help the LFA!

**To purchase tickets, please go to
<http://marketmail.sportsfansusa.com/indianaice/groups/LFA>.
Our Group ID is Lupus.**

You can also purchase tickets by calling the Indiana Ice office at 317-925-4423 and say that you are with the Lupus Foundation of America, Indiana Chapter.

**Just in time for ISTEP
Don't Miss Our Upcoming Free Webinar**

**"Overcoming Test Anxiety:
How Youth Workers Can Help Kids Cope"**

**Presented by Dennis Bumgarner,
Chapel Hill Center for Brief Therapy**

**Wednesday, February 24, 2010
10:00-11:30 a.m. (Eastern Time)**

WHAT: Performance anxiety when taking tests can prevent young people from demonstrating their true level of knowledge and grasp of concepts. This webinar will explore the dynamics of anxiety in general and test-taking anxiety in particular. Youth workers will gain skills to help youth overcome this anxiety and succeed despite its presence.

Participants will learn:

- Ways anxiety impairs performance
- How the impact of test-anxiety reaches beyond school
- Skills to help kids deal with anxiety appropriately and effectively

WHO: **Competency Areas:** Child & Youth Development, Program Environments

Skill Levels: Beginner (0-3) and Mid-Level (4-8)

Relates to working with kids: Age 10 and up

COST: **Free** for Indiana youth workers, non-Indiana youth serving fee: \$30

WHEN: **Wednesday, February 24, 2010** — 10:00-11:30 a.m. (Eastern Time)

TRAINER: **Dennis Bumgarner**, ACSW, LCSW, is a licensed clinical social worker and psychotherapist who has directed the Chapel Hill Center for Brief Therapy, a counseling, consulting, and training practice in Indianapolis, since its inception in 1983. He earned his bachelor and master's degrees from Indiana University. During his thirty year career, he has provided psychotherapy services to a variety of populations for the full range of personal adjustment problems. He is in demand as a trainer to parents, school corporations, businesses and other organizations. He has presented numerous training workshops for therapists, counselors, school personnel, and businesses across the country on a variety of topics related to human behavior.

PRE-REGISTRATION IS REQUIRED!

To register, visit <http://www.iyi.org/webinar>

Northeastern Indiana Career Employment (NICE) Expo 2010

A collegiate job fair where employers discuss current opportunities and future possibilities with students and alumni seeking employment and internship opportunities

Thursday, April 15

NICE EXPO

1:00 – 5:00 p.m. **(New Time)**
(Check-in between 12:15-12:45 p.m.)

WHERE

Ivy Tech Gym, Student Life Center
4900 St. Joe Road
Fort Wayne, Indiana

LOW COST!

\$100
\$50 (non-profit)
Payments not refundable

REGISTRATION

www.grace.edu/NICEexpo

Fee includes free parking, table, electrical needs, and appetizers throughout the event.

Space is limited and granted in the order of registration and payments received.

For 19 years the NICE Expo has been the leading job fair in northeastern Indiana. Eight accredited colleges and universities collaborate to bring employers, students, and graduates together to discuss career options, internships, co-ops and employment opportunities. The colleges and universities that host the NICE Expo are:

Grace College
Huntington University
Indiana Tech
IPFW

Ivy Tech Community College, NE
Manchester College
Trine University
University of Saint Francis

For more information, contact:
David McDonald, Trine University at 260.665.4558
or visit: www.grace.edu/NICEexpo